

HDN 2025 Track Schedule

9-Apr (Wed)	All schools @ Fortuna
16-Apr (Wed)	All schools @ Del Norte
23-Apr (Wed)	All schools @ Arcata/McKinleyville
30-Apr (Wed)	All schools @ Eureka
6-May (Tues)	Pre-County Meet Host: Fortuna
10-May (Sat)	All County Meet Host: Arcata / St. Bernards
17-May (Sat)	NCS Championships
23/24 May (Fri/Sat)	Meet of Champions
30/31 May (Fri/Sat)	CIF Championships

Date of 1st Practice	10-Feb	Day of League Meets	Wednesday
Date of 1st Scrimmage	10-Feb	Starting Times	3:00 PM (Field Events)
Date of 1st Contest	10-Feb		3:30 PM (Running Events)
Maximum Number of Contests	14		
Maximum Number of Scrimmages	2		
Rotates Bottom to the top			
2/12/2025			