

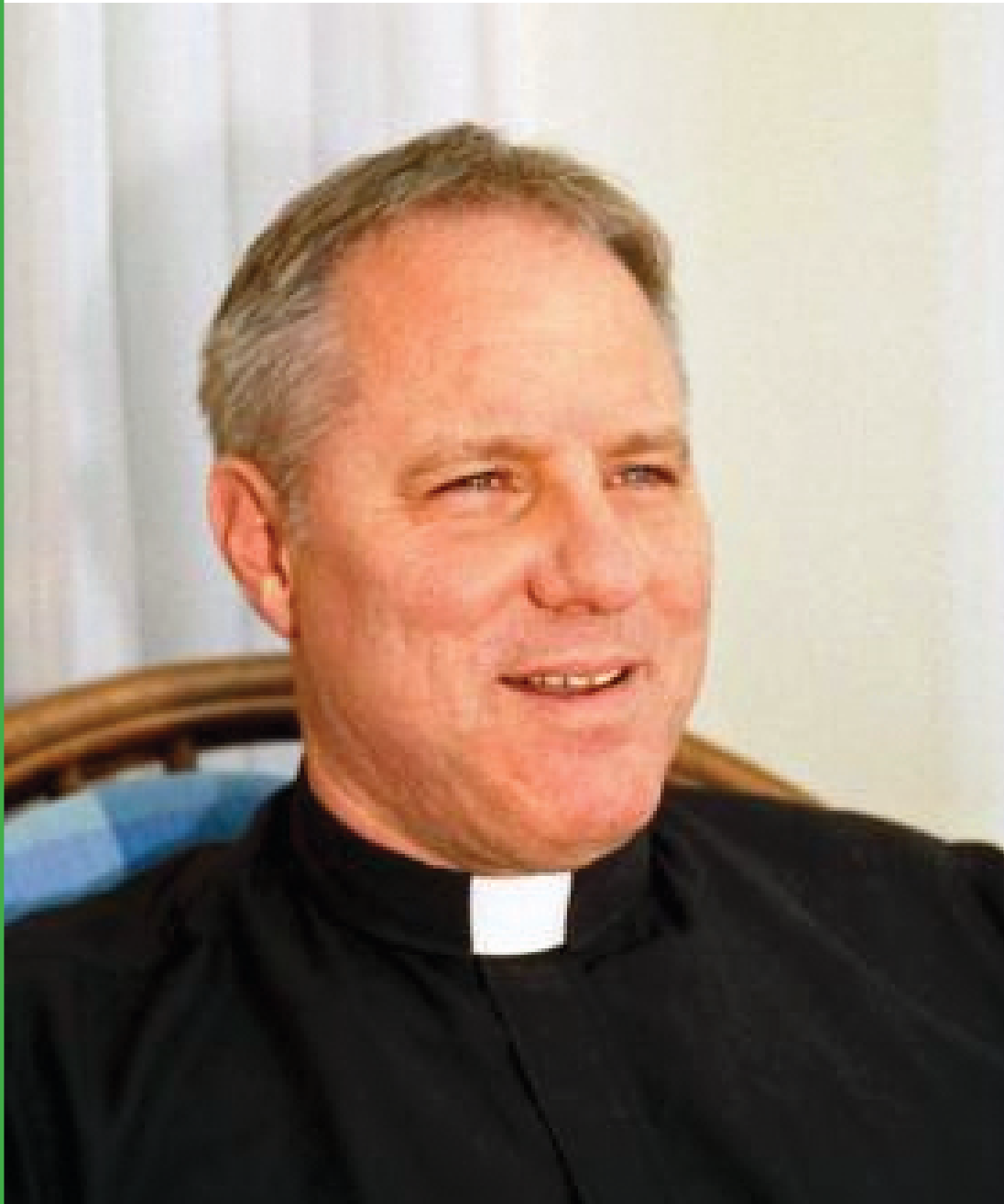
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ISSUE 4



Remembering Father Eric

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Crusader Nation is a publication by students, for students.



Remembering Father Eric

By Kaden Law

Father Eric grew up in southern California, and attended high school and college in that region. For college, he attended Loyola Marymount University with a B.A. in philosophy. A few years after Father Eric moved to Japan to become a member of a Salesian Congregation. Until 1999 he lived in Japan in various places and worked as a teacher and chaplain. He had spent just under 15 years in the Santa Rosa Diocese. In the beginning of his time in the diocese he worked as the Parish Priest at St. Joseph's in Cotati, California. He then went to St. Mary's in Arcata, California as a minister for a year. He became chaplain at St. Francis High School from 2002-2005, and chaplain at St. Vincent de Paul, Petaluma, California. Father Eric was assigned to be the chaplain at Humboldt State University, in 2006, in the Newman Center. At the same time, Father Eric was the parish priest at both St. Bernard's and St. Joseph's in Eureka, California.

"Father Eric is someone who started the conversation with a smile, and always ended it the same way," said Mr. Dance Farrell, "We would often sit down and talk theology for hours.

We could disagree and argue about something and be mad at each other, but he would end the conversation with a smile." As everyone, who was close to him, knew, Father Eric always seemed to be happy. He really enjoyed being a priest, and teacher, and had a lot of fun doing what he loved. He always made people happy, no matter what mood they were in. This is exactly what Father Eric always wanted: to make people joyful.

"Father Eric is someone
who started the
conversation with a smile,
and always ended it the
same way."

-Dance Farrell,
Religious Studies

Father Eric was a Salesian Priest, which is a Catholic order dedicated to young people and the homeless. Student, Sean Gardner said, "He made masses enjoyable. His homilies were often about stuff I could relate to and actually made sense." This was just one of the many ways Father Freed had an impact in the community.

Reverend Father Eric Freed: A priest, a teacher, and most importantly a friend to everyone. He was one of the few people that had a strong impression with everybody he met. He was someone who really enjoyed life and continuously had a positive effect on not only the people of the Catholic faith, but anyone in the Eureka community. He always wanted people to ENJOY.

Chinese New Year

中國新年

到凱特·哈維·

中國農曆新年是中國人的節日慶祝1月31日。這是慶祝活動15天，新月開始在新的一年的第一天就滿月結束。在第15天有一個元宵節舞龍。在除夕這是一個傳統拍攝焰火。這是一個時間與家人團聚。代同堂的大家庭聚集吃一頓大餐，最後一道菜是魚，象徵著豐盈，而不是被吃掉。人裝飾有紅色，因為它象徵火，趕走壞運氣。家家戶戶都應該有活的植物盛開的花朵。他們吃了很多大蒜和洋蔥，哪個給你智慧和金錢，還吃大量的柑橘，象徵豐富的幸福。一些傳統的餐點包括，全魚，雞，年糕，粽子和八寶粥。對於許多中國的新年是在日曆上最重要的節日。



Photo credit goes to ShareAlike 3.0

Our Saint Bernard's Chinese students will be excused from class on January 31st in observance of their New Year Celebration. Festivities will take place in the dormitory on the evening of January 30th. All homestay students and host families are invited to join the party!
RSVP to Paul Joy.



Photo by Joe Mabel

By Kate Harvey

Chinese New Year is a Chinese holiday celebrated this year on January 31st. It is celebrated with 15 days of festivities, starting with the new moon on the first day of the new year and ending on the full moon. On the 15th day there is a lantern festival and a dragon dance. On New Year's Eve it is traditional to shoot off fireworks. It is a time for family reunion. The extended family gathers to eat a large meal, the last course is a fish that symbolizes abundance and is not to be eaten. Decorations are red because it symbolizes fire to drive away bad luck. Every house should have live plants with blooming blossoms. They eat a lot of garlic and onion; which gives intelligence and money, and also plenty of oranges and tangerines; which symbolize abundant happiness. Some traditional meals include jai, whole fish, chicken, nian gao, zong zi, and rice pudding. For many the Chinese New Year is the most important holiday on the calendar.

Jokes of the Month:

By Andrew Cutler and Ryker Avila

Ryker: "Hey Andrew! What does an eagle and a mole have in common?"

Andrew: "I don't know. What?"

Ryker: "They both live underground; except the eagle."

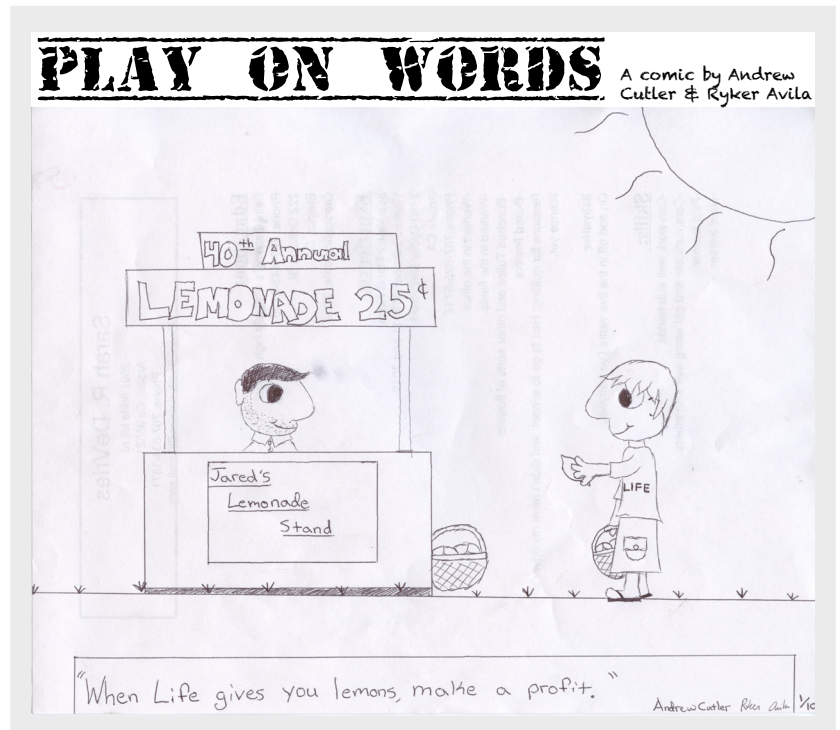
Andrew: "Har! Har! Har!"

Ryker: " Hey Andrew, why didn't Skeleton go to the dance?"

Andrew: "Why?"

Ryker: " He had no BODY to go with!"

Andrew: " Hue Hue Hue!"



Attention all students! Next month Crusader Nation will introduce page to feature your artwork. If you want to see your art in the newspaper, please contact us. In order for this page to thrive, we need submissions, so please don't be shy and let us show off your work!

Send all submissions to avilar16@saintbernards.us or contact Ryker Avila or Andrew Cutler directly. Journalism meets during 4th period in the Mac Lab/ Core Support Room.



Local Flavor:

Paul's Live from New York

By Heath Francis

On a typical Thursday afternoon Kaden and I decided to take our monthly lunch-break (being in Journalism definitely has its perks). It took some time to figure out where we wanted to go, but after a recommendation from our fellow journalist, Ms. Cutler, we made our decision.

Stepping into our restaurant of choice I couldn't help but notice how well spaced and decorated it was. Abstract pastel paintings adorned the walls and behind the register the outline of a big city was visible. We were at Paul's Live from New York, a pizza joint in Old Town known for its classy pies and quality toppings. Above us television sets promised good times if we were to come back for Sunday Night Football. In addition to this a 10 foot tall Empire State Building cast its shadow over a few seats near the window. Last but not least an open kitchen showed busy cooks flinging dough beside a display counter that featured creative pizza combos that made Round Table's extra large pizzas look tiny. The pizzas had labels below that described their toppings and their names and the non-pizza side dishes were written on a chalkboard above us in case we wanted a little extra food. This layout made selecting our meal pretty easy.



Photo courtesy of Paul's Live from New York

Rather than order one large pizza, Kaden and I decided to try slices of each of the featured pies. Kaden ordered slices of "the New York Jet," (a pesto pizza topped with mozzarella, olive oil, and garlic cloves) and "the Brooklyn," (a double-crusted pizza filled with mozzarella cheese, ricotta cheese, sauteed spinach, garlic, and topped with romano cheese). I ordered "the Four Meat Special," (red sauce and mozzarella topped with bacon, salami, pepperoni, and sausage) "the Godfather," (mozzarella topped with ricotta, pesto, garlic, fresh tomatoes, sun-dried tomatoes, and basil) "the Buffalo Chicken," (ranch sauce underneath mozzarella cheese topped with chicken, red onion, and drizzled with buffalo sauce) and lastly, "the New Amsterdam" (red sauce topped with mozzarella, pepperoni, sausage, mushrooms, onions, and romano cheese).

Although we ordered a lot of different pizzas, it turned out to be a good decision because each pizza was quite delicious and they were unique as well. Signature qualities of Paul's pizza included thin and crispy crust and good toppings. My favorite pizza that I tried (although it was hard to choose a favorite because I liked most of them) was the "Buffalo Chicken". Ranch sauce cooled off the heat of the buffalo sauce, which was not overwhelming because it was only drizzled over the pizza rather than smothered, while the chicken

breast was flavorful as well. As for Kaden's opinion on the pizza, I'll leave it to him to explain his experience.

"The Brooklyn and New York Jet are both unusual pizzas, but they were both amazing with the combination of unique flavors. The New York Jet was my personal favorite. The extremely thin crust, along with the delicious toppings that do not overpower the pesto base makes this a well-balanced pizza, that is quite pleasant. It may seem like a greasy pizza, but it's actually olive oil, which makes the New York Jet a healthy and delicious choice. The Brooklyn is another great choice. It's another healthy pizza, that comes with a side of marinara sauce. It's main filling was spinach." - Kaden Law

One of the only bad things I feel obligated to mention in this review is that we did find a small hair in our meal. Although I didn't see any hair nets worn by the chefs their kitchen looked far from dirty, so I wouldn't consider it a huge health hazard or anything.

Overall Kaden and I give this restaurant four and a half stars. Paul's Live from New York has good service, a great layout, a menu that is easy to use, and most importantly, delicious and satisfying food. In addition to this, they even deliver if you don't feel like making the trip to Old Town. When you're in the mood for pizza, we recommend Paul's Live from New York.



Image courtesy of Paul's Live from New York

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You are reading Crusader Nation, a Saint Bernard's High School monthly newspaper. Our vision is to have a student-driven, award-winning publication that attracts readers and challenges our students' development in journalism and graphic design. Crusader Nation is the voice of our students. Hear us roar!

Crusader Nation welcomes guest submissions and Letters to the Editor. If you attend Saint Bernard's School, and would like to see your work in print, please send your submissions to crusadernation@saintbernards.us

Or, become a permanent member of our staff by joining our Journalism class.

GO CRUSADERS!

Varsity Girls Basketball: Dominating Preseason

By Heath Francis

Potter Valley Tournament. Etna Tournament. Sonoma Academy Tournament. First Place. Hopefully you know who I'm talking about when I bring to mind nouns like these. Saint Bernard's Varsity Girls Basketball, a winning team so far, is currently first in their division at 2-0 in league and 13-6 overall. Having placed first in three tournaments, you could say the girls were on a roll from the get-go. New head coach Matt Tomlin brought his signature attacking style from the football field to the basketball court. His team has proved perfect for Tomlin's aggressive basketball tactics thus far.

You might be surprised, however, if I told you that the starting squad for the Lady Crusaders often features two freshman and a sophomore. How could such a young team do so well in preseason? Well, these aren't your ordinary freshmen.

Becca Parker is the team's three-point-making machine. She showed off her talents in the championship game of the Etna tournament. Down in the fourth quarter, the Crusaders were desperate for a run to put them back in the game. Thankfully, Becca answered, finishing off the game with twenty-nine points after several three pointers in the fourth quarter. The game was won by a point, testifying to Ms. Parker's ability in clutch moments. Betsy Brown adds more fresh talent to the Crusaders with a



Becca Parker at a SB v. Hoopa game.

Picture courtesy of SB Yearbook.

good jump-shot and impressive rebounding skills. Her effort on defense is also extremely noteworthy. She was given the MVP award in the very important Ferndale game after ripping down fifteen rebounds. She was also MVP of the Fall River game. Another young gun on the Crusaders is #11, Erica Silvers. As the only sophomore on the team Erica seemed to be following in her older sister's footsteps, scoring 12 points in the "barnburner" Cloverdale game.

The Crusaders have plenty of experience to round out their team, however. With seniors Joslynn Silvers, Karly Robertson, and Morgan Petrusha leading with the juniors Paige Legaz, Kirby Campbell, Tita Tanuvasa, Lauren Genevro, and Shateara Bean you can imagine why this team was hard to beat this preseason. Joslynn Silvers is the team's go-to player in the post. She puts up points in the twenties often and also grabs much needed rebounds.

So far the Lady Crusaders have paved the way for a great regular season with their stellar preseason record. This team is fun to watch due to their frequent close, hard fought games and aggressive style so I would encourage all the Crusader fans out there to come out and catch a game or two.

NCAA Bowl Game Results

By Kaden Law

I asked four students—Matt, Sean, Heath, and Noah—to give me their opinions on who they thought would win various football bowl games. I also included my own projections. Below you will find the projections by each person and the actual end results for each game.

AdvoCare V100 Bowl-Kaden/Matt/Sean/Noah: [Arizona](#) Heath: [Boston College](#) Result: [Arizona 42](#) [Boston College 19](#)
 AutoZone Liberty Bowl-Heath/Kaden: [Mississippi State](#) Matt/Sean/Noah Rice Result: [Mississippi State 44](#) [Rice 7](#)
 AT&T Cotton Bowl Classic-Sean: [Missouri](#) Kaden/Matt/Sean/Noah [Oklahoma State](#) Result: [Missouri 41](#) [Oklahoma State 31](#)
 BBVA Compass Bowl-Noah/Kaden: [Houston](#) Heath/Matt/Sean: [Vanderbilt](#) Result: [Houston 24](#) [Vanderbilt 41](#)
 Beef 'O' Brady's Bowl St. Petersburg-Kaden/Sean: [East Carolina](#) Heath/Matt/Noah: [Ohio](#) Result: [East Carolina 37](#) [Ohio 20](#)
 Belk Bowl-Kaden/Sean/Noah: [Cincinnati](#) Heath/Matt: [North Carolina](#) Result: [Cincinnati 17](#) [North Carolina 39](#)
 Bell Helicopter Armed Forces Bowl-Sean: [Middle Tennessee](#) Heath/Kaden/Matt/Noah: [Navy](#) Result: [Middle Tennessee 6](#) [Navy 24](#)
 Buffalo Wild Wings Bowl-Sean: [Kansas State](#) Heath/Kaden/Matt/Noah: [Michigan](#) Result: [Kansas State 31](#) [Michigan 14](#)
 Capital One Bowl-Heath/Kaden/Noah/Sean: [South Carolina](#) Matt: [Wisconsin](#) Result: [South Carolina 34](#) [Wisconsin 24](#)
 Chick-fil-A Bowl-Kaden: [Duke](#) Heath/Matt/Sean/Noah [Texas A&M](#) Result: [Duke 48](#) [Texas A&M 52](#)
 Famous Idaho Potato Bowl-All: [San Diego State](#) Result: [Buffalo 24](#) [San Diego State 49](#)
 Fight Hunger Bowl-Heath/Kaden/Noah: [BYU](#) Matt/Sean: [Washington](#) Result: [BYU 16](#) [Washington 31](#)
 Franklin Amer. Mort. Music City Bowl- Noah: [Georgia Tech](#) Heath/Kaden/Matt/Sean: [Ole Miss](#) Result: [Georgia Tech 17](#) [Ole Miss 25](#)
 Gildan New Mexico Bowl-Noah/Kaden: [Colorado State](#) Heath/Matt/Sean: [Washington State](#) Result: [CSU 45](#) [WSU 48](#)
 GoDaddy Bowl-All: [Ball State](#) Result [Arkansas State 23](#) [Ball State 20](#)
 Heart of Dallas Bowl-Heath: [North Texas](#) Kaden/Matt/Sean/Noah: [UNLV](#) Result: [North Texas 36](#) [UNLV 14](#)
 Hyundai Sun Bowl-Kaden/Sean/Noah: [UCLA](#) Heath/Matt: [Virginia Tech](#) Result: [UCLA 42](#) [Virginia Tech 14](#)
 Little Caesars Pizza Bowl- Noah/Matt/Kaden: [Bowling Green](#) Heath/Sean: [Pittsburgh](#) Result: [Bowling Green 27](#) [Pittsburgh 30](#)
 Military Bowl-Matt/Noah: [Marshall](#) Heath/Kaden/Sean: [Maryland](#) Result: [Marshall 31](#) [Maryland 20](#)
 National University Holiday Bowl-Kaden/Sean/Noah: [Arizona State](#) Heath/Matt: [Texas Tech](#) Result: [Arizona State 23](#) [Texas Tech 37](#)
 New Era Pinstripe Bowl-Heath/Kaden/Sean: [Notre Dame](#) Noah/Matt: [Rutgers](#) Result: [Notre Dame 29](#) [Rutgers 16](#)
 Outback Bowl-Heath/Kaden/Matt/Sean: [Iowa](#) Noah: [LSU](#) Result: [Iowa 14](#) [LSU 21](#)
 Royal Purple Las Vegas Bowl-Heath: [Fresno State](#) Kaden/Matt/Sean/Noah: [USC](#) Result: [Fresno State 20](#) [USC 45](#)
 Russell Athletic Bowl-Heath/Noah: [Louisville](#) Kaden/Matt/Sean: [Miami, FL](#) Result: [Louisville 36](#) [Miami, FL 9](#)
 R+L Carriers New Orleans Bowl-Heath/Kaden/Matt: [Tulane](#) Sean/Noah: [UL Lafayette](#) Result: [Tulane 21](#) [UL Lafayette 24](#)
 San Diego County CU Poinsettia Bowl-Kaden/Noah: [Northern Illinois](#) Heath/Matt/Sean: [Utah State](#) Result: [NIU 14](#) [USU 21](#)
 Sheraton Hawaii Bowl-Heath/Kaden/Sean: [Boise State](#) Matt/Noah: [Oregon State](#) Result: [Boise State 23](#) [Oregon State 38](#)
 TaxSlayer.com Gator Bowl-Matt/Sean/Noah: [Georgia](#) Heath/Kaden: [Nebraska](#) Result: [Georgia 19](#) [Nebraska 24](#)
 Texas Bowl-Kaden/Noah: [Minnesota](#) Heath/Matt/Sean: [Syracuse](#) Result: [Minnesota 17](#) [Syracuse 21](#)
 Valero Alamo Bowl-Kaden/Sean/Noah: [Oregon](#) Heath/Matt: [Texas](#) Result: [Oregon 30](#) [Texas 7](#)
 æ“BCS
 Rose Bowl Game-Matt/Sean: [Michigan State](#) Heath/Kaden/Noah: [Stanford](#) [Michigan State 24](#) [Stanford 20](#)
 Tostitos Fiesta Bowl-All: [Baylor](#) Result: [Baylor 42](#) [UCF 52](#)
 Allstate Sugar Bowl-Heath/Kaden/Sean/Noah: [Alabama](#) Matt: [Oklahoma](#) Result: [Alabama 31](#) [Oklahoma 45](#)
 Discover Orange Bowl-Kaden/Noah: [Clemson](#) Heath/Matt/Sean: [Ohio State](#) Result: [Clemson 40](#) [Ohio State 35](#)
 BCS National Championship Game-Kaden/Matt/Noah: [Florida State](#) Heath/Sean: [Auburn](#) Result: [Florida State 34](#) [Auburn 31](#)

1. Sean 19/35-54% 2. Matt 17/35-49% 3. Heath 16/35-46% 4. Noah 16/35-46% 5. Kaden 15/35-43%

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