

CRUSADER NATION

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THE LONG AWAITED VICTORY

By Heath Francis

Victory. This is what the St. Bernard's varsity football team took from the Ferndale Wildcats on October 5th, 2013, for the first time in about 14 years. In a knockdown, drag-out game, the Crusaders stepped off the field with the win by a margin of 4.

As many of you know, the Crusader community lost a dear friend and coach before the game: Omeli Tanuvasa.

"I think this is going to be good motivation for the game," said St. Bernard's defensive end, Daniel Kortus. He must have been right. During the game, the Crusaders broke every huddle with a loud "O.T.!"

The defense won the game for St. Bernard's, limiting Ferndale to two touchdowns, and coming up with two crucial turnovers near the goal line, both resulting in touchdowns. They also stopped two desperate fourth down attempts by the wildcats near the end of the game.

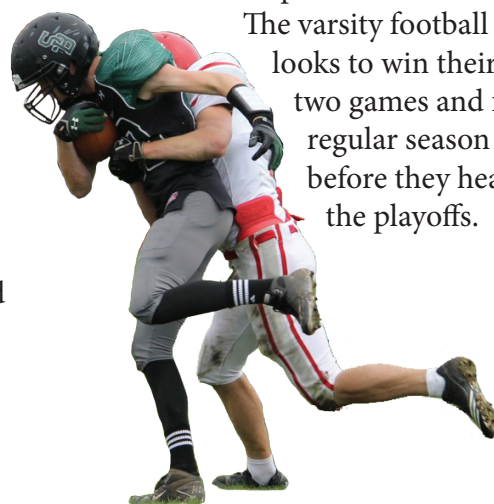
The contribution of the Gang Green's offense, however, is not to be understated. The first offensive score was

a long bomb to Oscar Pimentel, thrown by starting QB Patrick Allen. The other two came from the clutch backup QB Noah Davis. After punching the first one in on a run, Davis threw a perfect pass to Logan Thrap, high and deep to the back of the end zone.

The final score of the game was 20 to 16. When the buzzer rang, fans rushed the field to celebrate.

The Crusaders are currently tied for first place with the Wildcats, having lost the second matchup in another close game.

The varsity football team looks to win their next two games and finish the regular season strong before they head into the playoffs.



Interrogating Mr. Lundberg

Inside the Mind of a History Expert / Soccer Ninja

By Kate Harvey

What do you teach?

I teach California history and core support. I also coach soccer.

What do you like most about coaching soccer?

I like teaching the game and the girls are a lot of fun. There are a lot of interesting characters. I would describe them as enthusiastic, with lots of potential.

What did you do before you were a teacher?

I worked as a substitute, and at a golf shop and a supermarket, and I went to college.

What are some of your hobbies?

I enjoy golf, guitar, watching football and fishing.



If you were on a desert island and could only take three things and one person, what would you take?

My wife, a hatchet, a lighter, and a fishing pole.

What is your favorite color?

Green.

What is your favorite genre of music?

Classic and progressive rock, right now i am listening to the band Rush.

What are some of your favorite movies?

Some of my favorites are; The Indiana Jones Trilogy, Edward Scissorhands, Mystic River, District 9, and Dumb and Dumber.

Who is your celebrity crush?

Natalie Portman.

What is your favorite Star Wars episode?

Probably Episode 4.

Do you enjoy tennis?

Kind of. If its on the TV I'll watch it.

Who is your favorite soccer player?

Mezuit Ozil, from Germany.

What is your favorite moment in your life?

My wedding day.

How did you meet your wife?

I used to live in Sunny Brae and she worked at the deli at Murphy's.

Do you love Christmas or has some of the Jingle Bell gone out?

The Jingle Bell has gone out, but i still really enjoy Christmas. However, gift-giving really stresses me out.

What is one of your main ways to get rid of stress?

I will go fishing.

What do you like most about St. Bernard's?

I know everybody's name.

COOL UNHEARD-OF JOBS

Life of testing ice cream and driving Ferraris

By: Ryker Avila and Andrew Cutler

Waterslide tester

Are you a thrill seeker? Would you want to be paid for doing things that most people have to pay to do? If you answered yes to either of these questions, then this is the job for you. This career pays \$30,000 per year and pays for all of your travel expenses.



Bed tester

Do you love to lay in bed? Would you like to just sleep in bed all day where sleep counts as a job? Well, now you can, as a “Bed Tester!” You can make an average annual salary of \$53,000 to just lay in a bed and give your rating of it. You can travel around the world going to mattress companies with a team of “bed experts” and get paid to SLEEP!

TV corpse

Have you ever wondered what it would be like to be a dead body prop for a famous television show such as C.S.I.? Well now you can! You can be a “TV Corpse” For an eight hour day you make \$139 with an overtime bonus of \$100 for wardrobe fittings and posing.

Ice cream tester

Everyone loves ice cream, but very few people get to test the newest flavors before they are on the market. You can do this and get payed for it! Being an ice cream tester comes with an annual salary of \$56,000 and the possibility of making the worlds new favorite flavor.

Cruiseship entertainer

If you have the talent of being a magician or twirling sticks of fire, then being a cruise ship entertainer is the job for you! \$3000 to \$4500 per month plus room on board



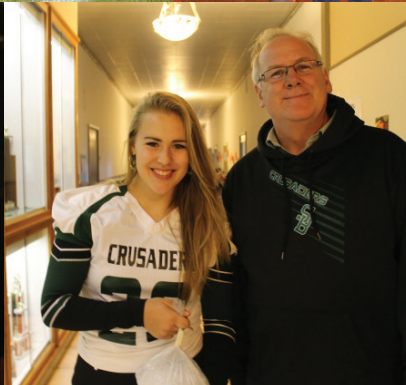
Ferrari driving instructor- \$120,000 per year



Do you feel the need for speed? You can make \$120,000 a year to teach someone how to drive a Ferrari! This is the job for you if you're comfortable driving a \$180,000 sports car going 180mph.



PHOTO OP



DUTCH BROTHERS: HANDS DOWN, BETTER THAN STARBUCKS

By Matt Pechacek

Since the beginning of time, the human race has yearned for a beverage so fundamentally perfect, it not only satisfies your palate, but your very soul. Some call this “the elixir of life” or “the nectar of the Gods.” I call it “Dutch Bros Coffee.” This may seem like an exaggeration, but those who have had the privilege of drinking it know that I speak the truth.

The greatness of Dutch Bros comes not only from its delicious coffee, but from the overall experience. When you first pull up to the window, you are immediately greeted by a barista who acts as though your order is the most important thing in the world. They are not



only friendly, but incredibly knowledgeable in their craft. For example, if you have a bad night’s sleep and need to focus, they might recommend an ER-411, a delicious blend of Irish cream and a staggering six shots of espresso.

If you’re feeling like treating your sweet tooth, Dutch Bros offers a vast array of mouth-watering smoothies, the most popular of which is the caramel apple smoothie. For the times you want to take a drink on the wild side, there is the option of ordering a Dutch Bros Rebel energy drink. The Rebels taste exactly like

the ever-popular Red Bull, except you have the option of adding up to 3 syrup flavors out of dozens of options. My personal favorite combination is the watermelon pomegranate Rebel.

Some might be tricked into favoring the coffee behemoth that is Starbucks, but I challenge you, in this dark world of caffeinated monotony, to take your business to this beacon of light we call Dutch Brothers. You won’t be disappointed.



HUMBOLDT'S HAUNTED DESTINATIONS

A Halloween Travel Guide by Andrew Cutler

Abigail's Elegant Victorian Mansion

Located a few miles from Humboldt hill this Victorian mansion is haunted by the ghost of the previous owner, who loved jazz music. People have said they've heard jazz music coming from inside late at night.



The Scotia Inn

In the town of Scotia, this elegant old hotel is haunted by a ghost that the employees of this Inn call Frank. He occupies the top floor, where there are reports of footsteps, noises, and voices. Others have claimed that there is the ghost of a little boy Who can be seen playing with a ball.

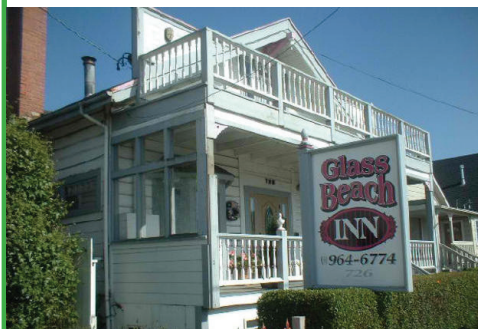
Battery Point Light

Located in Crescent City, there is believed to be a former light keeper who haunts the light house. People say that they can hear him climbing the spiral staircase. Others have reported the sensation of being touched when no one is present. Caretakers who've stayed at the light house have said that something moves objects at night. And there is a rocking chair that the ghost always enjoys sitting in.



Glass Beach Inn

In Fort Bragg, the urban legend is that this hotel has a haunted chair that many people have died after sitting in it. You'd think they would have gotten rid of the chair that murders people. Go figure.



Trivia Page

A Buffet of Info Chunks to Fill the Fine Crevices of Your Brain

By Kaden Law



Shakira was rejected from her school's choir in the second grade because her teacher thought she sounded 'like a goat.'

The University of Victoria in Canada offers a course on the science of Batman.



The owner of Segway, Jimi Heselden, died from riding off a cliff on a Segway in 2010



**The average Toyota is built in about 13 hours.
The average Rolls Royce is built in about 6 months.**

A man once wore 70 items of clothing in a Chinese airport to avoid paying the airline's extra baggage charge.

Bruce Lee was so fast that they had to slow film down in order to see his moves.



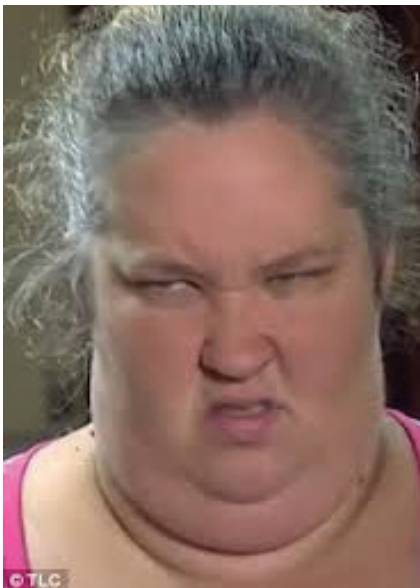
Fear factor

By Casey Allen

The following is a series of mental disorders that actually exist outside the world of horror and suspense movies you'll be watching this Halloween...

Geniophobia

The fear of chins. Symptoms can be extreme anxiety, shortness of breath, sweating, rapid heartbeat, nausea, and dry mouth.



Trichophobia

The fear about the growth, color, or disease of hair.

People with this phobia may try to shave off all of their hair or keep it as short as possible.

They also clean it as many times as possible throughout the day. Psychotherapy and medication can help in very isolated situations.



Arachibutyrophobia

The fear of peanut butter sticking to the roof of the mouth. Some who suffer from this can handle peanut butter in small amounts, but others refuse to even try the sticky substance.





LOCAL FLAVOR

Hana's: Quick. Tasty. Not too filling.

By Heath Francis

"What do you want for Lunch?"

"I'm thinking sushi." My colleague and I decide to catch a ride to a restaurant for lunch on a school day. Our destination: Hana's, a small joint near the Red Lion that doesn't seem to get much publicity.

Getting out of the car, we step up to a beautiful wooden deck covered with tables and surrounded by trees. We walk through the entrance and find a seat underneath some Japanese style lamps, and we open the menus. While there are a few Japanese words I don't understand, each dish has a recognizable name and a pretty straightforward description to match it. My friend looked up from the menu at the specials.

"I'll take the Crazy Train," he says

"Three Plaza Rolls for me." (yes I eat a lot.)

Hana's makes decent time, and it isn't long before our food is served. It has been said that you eat first with your eyes. If that is true, I was full at first sight. My preference is to eat with my mouth, however, and my friend and I were both more than satisfied with the taste of our meals.

All in all, this is a good restaurant for the sushi lover. The average-sized meal is not enough to fill a hungry man's belly, but if you're looking for a tasty snack to hold you over, don't hesitate to stop by Hana's.



Recommended:

Tempura prawn roll:
*2 fried prawns rolled
with avocado*

House Special #2
*Smoked salmon,
avocado, cucumber, and
fried asparagus*

November Feast Day: Miguel Pro

By Kate Harvey

Miguel Pro was born in Mexico City in 1891. At 20 years old he became a Jesuit priest. He was exiled because the Mexican president at the time was against Catholicism. Pro traveled around to different countries like the U.S., Spain, Nicaragua, and Belgium. Finally in 1926 he returned to Mexico. Because of the anti-Catholicism, he had to work underground as a priest. He used many disguises like dressing as a police officer to give sacraments to people in jail, and he worked secretly in the middle of the night to baptize and marry people. In 1927, the president had him arrested. The government made up a reason for his arrest, saying that he had been involved in an assassination plot, but he was innocent. He was not let go, and on November 23 he was executed without a trial, saying just before he died, "Long Live Christ the King!" He was beatified as a Catholic martyr in 1988.



A dramatic shot of Miguel Pro, the moment before his execution.

The Cristeros War

WHAT:

A militarized rebellion against the government's attempted elimination of the Mexican Catholic Church.

WHEN:

1926-1929, but violence against identified Catholic activists continued for several more years.

HOW:

Peaceful, non-violent resistance lead to government restrictions on the number of priests in each state, which escalated into increasingly organized instances of militarized guerrilla resistance.

WHERE:

Mexico.

WHY:

Loose interpretation of the Mexican Constitution passed in 1917 led to restriction of religious practice and education, and seizure of property.

WHO:

Mexican Catholic rebels vs. The Mexican Federal Government under President Plutarco Calles.



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